

CALLED TO LEADERSHIP

SPIRITUAL LEADERSHIP: IGNATIUS AS A LEADER - EXERCISE

CONNECTING WITH IGNATIUS JOURNEY

We offer you a set of characteristics that have been attributed to Ignatius along the 500 years of the history of the Society of Jesus. We invite you to pray on each of them and evaluate yourself, the goal is not to compare yourself with the figure of Ignatius but to find out if there are hidden areas that offer you growth. What elements of the ignatian journey are particularly important for you? Where do you come short? At what do you excel at?

- His love of God and his capacity to find God in all things
- His woundedness and his humility
- His scrupulosity
- His leaving his defenses behind
- His spiritual experience
- His ability to gather companions and proactivity
- His communication
- His vision and sense of purpose
- His inner freedom and flexibility

See the following template to do a more thorough analysis of some of these traits - [Link](#)

Question 1: What other elements are particularly meaningful to you from Ignatius' leadership? Add them to the list if you feel something important is missing.

Question 2: What other figures (historical or contemporary) do you feel share these traits? Do you find yourself inspired by these people? Would you be open to following their steps? What traits can constitute my own style of leadership?

FROM REFLECTION TO ACTION

Reflection

Take the list from above and think on the needs you have in your institution. The needs you are facing as a leader. Are there connections? For example, do you feel you need to be more flexible sometimes, leave your defenses behind, gather support, etc...

Action

Choose one which you would like to work on. The next work day, ask for advice to your team and colleagues on how you can address this growing edge. Review each day what efforts you have made to improve and where have you fallen short.

ADDITIONAL EXERCISES

We recommend that you get in touch with the life of Ignatius by reading about it. There are many good books that talk about the life of this Saint but we recommend you look into the course: "Ignatian Spirituality and Leadership" by Brian Grogan SJ - Follow this [link](#)